

ANIMAL MEDICAL CENTER OF CORONA

MAY 2010

Note from the Editor

May is here and the weather is starting to warm up, well we're hoping that the weather will make up its mind and not rain anymore at least. This month we have 4 more cuddly pets that need homes featured in our Pet Personals. Since the weather is getting a little hotter there is also a "pupsicle" recipe that is a favorite in my house. I've also included a "catsicle" version too! So I hope that you enjoy this month's newsletter!

Oh and please don't forget to check out our new and improved website! Yes, it's FINALLY done and we could not be happier. Now that it is under our complete control we hope that we will be better able to connect with you and help you and your pets. We have updated prices listed, biographies of our staff, photo galleries and much more, so please feel free to stop by anytime, www.amccorona.com.

As always, Happy Reading!
Tina

Frozen treats for your furry friends

By: Tina

Over the years I have spoiled my pets with many home made treats. About 6 years ago I came home from a trip to the mountains and brought back some snow for my dogs to play in. To my surprise they liked eating the snow more than playing in it. This made me think, well I love ice cream and popsicles so why wouldn't my animals. I then began trying to find a frozen treat that they would enjoy. These frozen treats have become a favorite of my two Chihuahuas and I hope to try out the cat version very soon on my three cats.

Pupsicle

Ingredients:

½ cup Water
2 tsp. peanut butter
¼ of a banana, sliced

Directions:

I like to blend all of the ingredients until the mix is smooth. Pour the liquid into a small Dixie cup or another kind of small container and set in the freezer until frozen. I immerse the container in warm water for a minute to loosen the pupsicle so there's no chance of my dogs eating that too.

Catsicle

Ingredients:

¼ cup water
2 tsp. of canned tuna (packed in water not oil)
A pinch of catnip

Directions:

So I blended all the ingredients until it was smooth. Then pour the liquid into an ice cube tray (I was able to fill 6 ice cubes). Allow mixture to fully freeze. After they're frozen pop them out and serve to your cats. Unfortunately I'm unable to let you know what my cats think of it because they all decided they wanted to play outside and not want any treats from me.

Tips for the savvy client

Did you miss one of our newsletters? Or was there just an article that you really liked and want to see again? Well you can access all of our newsletters (past AND present) on our website! Just go to www.amccorona.com/newsletters.html

Also, have you ever wondered which doctor we have on duty or what our schedule is? You can also view our monthly calendar on our website. Just go to www.amccorona.com and click on the calendar link at the bottom of our homepage.

Hours of Operation:

M-W & F

9 am to 5:30 pm

Th & Sat.

9 am to 2 pm

(alternating days)

Day's Closed:

Every Sunday

Th: 6th & 20th

Sat: 1st, 15th & 29th

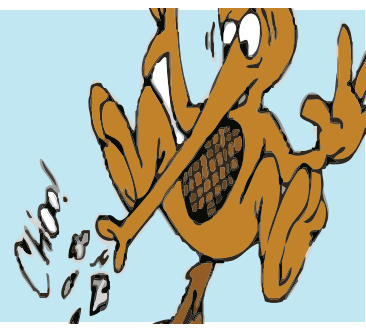
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Got Allergies???

Come see Dr. Bart to find out how we can help your pet to stop itching, sneezing and get back to normal!



pg. 2

Summer Slim Down Begins...

By: Tina

Well, it's that dreadful time of year that people everywhere dread, bathing suit buying season! I know it's pretty terrifying! In my household this season doesn't just mean that we look more critically at ourselves, but also at our animals (much to their dismay). So this season I noticed that two of my furry babies had put on quite a bit of weight since last summer, so they and I have started that arduous task of slimming down and being healthier. I realized that I'm a vet tech and if I have animals in need of a summer workout and diet plan then it might be beneficial to document how I go about helping my pets so that all of you can get ideas on helping your pet. First let me start with my dog Mei (pronounced May).

For Mei, my Chihuahua I have been forcing her to go on walks with me. When I say force I literally mean I have to chase her down and force her to walk. On day one of our walking she makes it a good block before she's scratching at my leg to be picked up and carried. I firmly tell her "NO" and keep walking.

Well turns out that she responds to physical exercise the way I wish I could, she simply goes limp and refuses. This means that for a good 5-8 seconds I was unknowingly dragging my dog behind me. So in short I have realized that my dog, whom I thought was my "good" dog since the older one is a little angry, needs a little extra training to work up to walking longer distances.

I have also stopped free feeding her (aka just leaving her food out). Free feeding allows a dog to eat as much as they want whenever they want, which makes my busy life slightly easier but allows for my little food lover to eat to her little heart's content. Now some people think that their pets will stop eating when they're full, but this isn't always the case. For instance, if someone left a magical bowl of endless hot fudge sundaes out you had better believe that I would keep eating it regardless how full I felt! So now I have my meals planned out to certain times of the day and so does Mei. We both eat breakfast and dinner at the same time. I have also stopped giving her snacks as a form of reward.

Instead she gets extra hugs and kisses which she seems extra happy with. Now let's move on to my bigger problem child.

Mayo, my lovable cat is... well, quite the fat kid. I know, what did I expect; I named her something that to most people represents a pretty fattening but delicious sandwich fixing! (She is actually named after a province in Ireland). She is about 2 years old and has always been fed the same amount as my other cats but for some reason keeps growing in a horizontal direction. My sister and I realized that this was a problem when we noticed her belly drags on the ground when she walks.

So about a month ago my sister (also a Vet Tech) put her onto a strict diet. This was well and great, we had very high hopes for this. But to our dismay it failed, but we are keeping her on the diet food because perhaps it will start working better soon. Now our next step is to check and see if it has nothing to do with her eating habits, but is a medical condition.

Sometimes a pet's excessive weight is due to a

Thyroid or other medical problem. These are pretty easy to detect with simple blood tests and exams. Treatments tend to be pills but can sometimes include other methods. In addition to checking for underlying medical conditions we buy her new toys and allow her outside in our backyard more often. Her activity has significantly increased and we are hoping that she gets enough exercise. If not, then I think I'm going to buy her a kitty harness and start forcing her to walk with Mei and I.

So here is a quick checklist of things I have started to do with my pets that you can also try with yours to help them to slim down and be healthier and live longer:

- No free feeding
- Increase exercise (play with them more often, take them on walks, etc.)
- Buy a diet food
- Get blood tests to check thyroid and other medical conditions
- Do not reward good behavior with treats, but with hugs and kisses

So I will more than likely keep you updated on our progress, but until then; if you see a girl walking with a fat grey cat on a harness and dragging a small Chihuahua behind her chances are it's me!

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Cage 2. This sweetie is about 7 years old or so, and is already neutered. He likes to talk and is looking for a retirement home. He has been at the Corona shelter since 4-13-10. His adoption fee is \$15.00. Will you be the lap he's been longing to sleep in?



Kennel 8. Fancy has been here since 3-20. She loves to prance around the exercise yard. About 10 years old. Caution with children and other dogs, nice temperament with adults. Came in with several wounds on her neck. Was treated and they are healed now. Adoption fee is \$55.00 which includes spay. If this dog is going to live in Corona, there is also an additional \$12.00 license fee. **She can't wait to meet you!**

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Kennel 3. This little guy is about 3 years old. He's a nice dog and can climb chain link fencing like a ladder. His adoption fee is \$55.00 which includes neuter. If this dog is going to live in Corona, there is also an additional \$12.00 license fee. Been here since 3-8-2010. He's been waiting for you to be his new best friend.



Cage 37. This little gal has been here since 3-25-2010. She is about 8 months old. She's a nice girl but no one ever sees her because she likes hiding under the newspaper. Her adoption fee is \$60.00 which includes spay. She's hoping to find someone to curl up under a nice warm blanket with, hopefully its you.

Please contact the Corona Animal Shelter about these pets and more.

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